



CYBER SECURITY

Cybersecurity sounds like a vague corporate term, but it's just a list of simple actions.

A number of clicks to do on your computer to make it safer.

The tips below will tell you the what, when, and how of it.

EVERY DAY:

- Avoid public Wi-Fi. If you have to use it, turn on a VPN.
- Read the links you click and the domains they come from.
- Lock your computer when you leave it unattended.

EVERY WEEK:

- Update apps you regularly use.
- Clear cookies in your browser.
- Unsubscribe from spammy newsletters.

EVERY MONTH:

- Use data shredding apps to erase sensitive files.
- Delete unnecessary data and apps you no longer use.
- Encrypt your devices using tools like File Vault.

EVERY THREE MONTHS:

- Back up your essential files.
- Check your bank card's transaction history.
- Change your passwords and make them unique.

EVERY YEAR:

- Install and regularly run anti-malware software.
- Review your social media and check your privacy settings.
- Follow cybersecurity experts on social media.